Newsletter

Bi-annual Publications | Edition 06 | June 2020

Challenges and new achievements!

Welcome to the 6th edition of our Newsletter. In the first edition of this year, we wanted reflecting spend time accomplishments as we look forward to the future. This edition highlights the most activities recent major in research and education.

A key milestone of LAOHA in 2020 was the opening of the LAOHA division at the School of Dentistry of the University of São Paulo (USP). This area is dedicated to collaborative work between LAOHA and the School of Dentistry of USP and it will be used by the USP graduate students.

Another activity worthy of mentioning is the publication of six articles as result of the LAOHA Workshop on "Periodontal disease and its impact on General Health in Latin America (São Paulo, 2019)" in the special issue of the Brazilian Oral Research (BOR) journal. The release of this consensus report in an open access journal and the eBooks in Spanish, Portuguese and English critically important to disseminate knowledge on oral and dental health in the Latin American. Additionally, other scientific contributions have recently been published by members of LAOHA/COHI in international journals.

The LAOHA doctoral students continue their studies and research projects in close collaboration with their advisors and have shown admirable progress. Unfortunately, due to the COVID-19 pandemic, the visit of the LAOHA students to the Colgate Global Technology Center in Piscataway and participation in the annual meeting of the International Association for Dental Research (IADR) in Washington was canceled. During this period of social isolation, LAOHA students have been actively participating in the Virtual Get Together Program, which has proven to be a success for building networking relationships among students as well as offering educational opportunities.

In view of this pandemic, LAOHA has developed material on pre-procedural rinsing and aerosol contamination, infection control and biosafety control in the dental office and recommendations at a home oral care.

We are certain that we will overcome this pandemic pandemic while contributing to to the scientific development of dentistry in an endeavor to improve the oral health of the Latin American population.



Cristina **Cunha Villar** 2nd Secretary



Inauguration of the USP-LAOHA headquarters at the School of Dentistry, University of São Paulo

By Giuseppe A. Romito







Members of LAOHA and São Paulo University during the inaugural ceremony

In January 2020, the USP-LAOHA headquarters was inaugurated at the School of Dentistry of the University of São Paulo, which was the result of a partnership since 2015. As is routine in public universities, the approval process of partnerships with non-profit organizations, such as LAOHA, had to be endorsed by the administration of the University. After a long process, approval was granted in 2019.

This space was designed to accommodate masters and doctoral students in the periodontal discipline. The new furniture and the ergonomic project favor teamwork and the development of seminars and presentations, which are fundamentally important for a graduate program of excellence. At the time of

the inauguration, Professor Marina H. C. Gallottini, representing both the Department of Stomatology and the Dean, Professor Rodney G. Rocha, was present at the ceremony. Dr. Susan Cutler represented CP and extended the companies congratulations on the opening of the headquarters. During her visit she also had the opportunity to visit the University facilities.

The partnership between USP and LAOHA focused on the following: PhD Program, Research Initiative, collaboration with the Tooth Biobank and the Iberoamerican Observatory of Public Policies in Oral Health. The main objective of this partnership is to strengthen the relationship between the University and the Association.



Publication of the consensus report on periodontology and eBooks

By Magda Feres

It was immensely gratifying for LAOHA to publish <u>6 articles</u> as a result of the first workshop on periodontal conditions in the Latin American and Caribbean region (São Paulo, 2019). This was an unprecedented initiative, as it was the first time in history that a great number of periodontal organizations and other opinion makers of the region met. Opinion leaders from 18 countries were present, including members of renowned societies and organizations such as FIPP, ABENO,



FOLA, SBPqO and COHI. The articles and the consensus report containing the main conclusions of the workshop were published in Brazilian Oral Research, a renowned scientific journal that belongs to the Brazilian division of the IADR.

ΑII these documents have been released as eBooks and are being widely disseminated in 3 languages -Portuguese, Spanish and English - in Latin America and Caribbean (check here the video). We hope this initiative can help dentists, academics, and public health professionals to better understand the prevalence, diagnosis, treatment, and implications of periodontal diseases in Latin America and the Caribbean. The goal is to improve oral health conditions and, consequently, the quality of life of the population.

FIPP: Federación Iberopanamericana de Periodoncia (Ibero-Panamerican Periodontology Federation)

ABENO: Associação Brasileira de Ensino Odontológico (Brazilian Dental Education Association)

FOLA: Federación Odontologica Latinoamericana (Latin American Odontological Federation)

SBPqO: Sociedade Brasileira de Pesquisa

Odontológica (Brazilian Society of Dental Research)

COHI: Caribbean Oral Health Initiative

IADR: International Association for Dental Research



Guidelines to assess erosive tooth wear

By Vicente Aranguiz

collaborative effort among Universidad de los Andes, King's College, London, Indiana University and LAOHA

In March 2018, Chile hosted the first "Latin American Calibration of examiners in the visual detection of lesions due to erosive tooth wear (ETW) using the BEWE index (basic erosive wear examination)", which was organized by the School of Dentistry of the Universidad de Los Andes and LAOHA with the participation of Prof. David Bartlett from King´s College, London. Dr. Bartlett proceeded with pronounced this calibration as the gold standard. The outcome of this calibration exercise was the development of a training manual with photographs of different clinical situations. This manual was develop and submitted to the British Dental Journal (BDJ) by the following collaborators: David Bartlett, Saoirse O'Toole, Juan Sebastián Lara, Valéria Ramírez, Loreto Marro and Vicente Aránguiz.

article describes a This series recommendations and guidelines for dentists to use the BEWE index. BEWE index was designed to allow dentists and patients to be aware of their erosive condition, associated risks factors and how

CLINICAL

Recommendations and guidelines for dentists using the basic erosive wear examination index (BEWE)

Vicente Aránguiz 1 Juan Sebastián Lara 2 M. Loreto Marró 1 Saoirse O'Toole 3 Valeria Ramírez4 and David Bartlett*3

Key points		
The BEWE is a simple screening toot.	THE BEWE is designed to follow a similar procedure at the BPE.	THE BEWE should be used for every new patient examination.

his paper explains how to screen tooth wear in general practice using the Basic Erosive Wear Examination (BEWE) ind xplains how stakeholders in the UK acknowledged the convenience of the BEWE and that it could be recorded at the me as the Basic Periodontal Examination (BPE). The article contains examples of anterior and posterior tooth wear for EWE score to help dentists in their evaluation.

Health Education England recently issued guidelines that recording tooth wear is aspirational rather than an essential requirement.¹ We know that not every dentist records tooth wear, and those that do use a multitude of different methods, from indices to terms such as mild, moderate or severe. A standardised format to record tooth wear is ideal and one that is familiar can facilitate better uptake. The BEWE index (Table 1) was devised in 2008 as a BEWE index (Table 1) was devised in 2008 as a screening tool for general practitioners to help with routine dental examinations.² Recently in the UK, a group of stakeholders (The Royal College of General Dental Practitioners, The British Society of Dental Hygienists, GSK, Dental Protection, the Ensive Tool Wear Foundation, King's College London and the British Dental Association) unterly to promote that every association) united to promote that every outine dental examination should include an sessment of erosive tooth wear.³

There is some understandable confusion regarding the application of the term 'Basic on using the BEWE.

wear – including abrasion and attrition. This paper provides practical guidance to dentists on using the BEWE.

The group recommended that the BEWE should be performed at the same time as the BPE to save practitioners time and to utilise an already established rotation and recording grid. The BEWE and the BPE use the same procedure and similar scoring system of recording tools there are the same procedure and similar scoring system to the procedure and similar scoring system to the procedure and similar scoring system to the same procedure and similar to the same procedure and is similar to the same procedure. The BEWE gained international confidence to refer to review tooth wear a down to make the same procedure and is similar to the same procedure. The BEWE gained international confidence to refer to review tooth wear a contribution. The resist some understandable confusion.

There is some understandable confusion. The resist some understandable confusion. The resist some understandable confusion.

to develop a personalized treatment plan¹.

1. Aránguiz V, Lara JS, Marró ML, O'Toole S, Ramírez V, Bartlett D. Recommendations and guidelines for dentists using the basic erosive wear examination index (BEWE). British Dental Journal, Vol 228 n.3 February 14 2020



IADR/AADR/CADR 2020

International Congress (Washington DC, EUA)

By Bernal Stewart and Zilson Malheiros



Due to the COVID-19 pandemic, the 100th IADR Congress was canceled. Participation of LAOHA/COHI members would have been significant at this meeting. This decision also impacted the visit to the Colgate-Palmolive Technology Center by our PhD students and LAOHA/COHI board members. In the days leading up to the congress, we also would have had an activity with our scholarship students at the Colgate Research Center in Piscataway.

These are new times, a time to adapt to a new reality, and science should lead in

these challenging times. It is time for us to strive for science, as it is only through sound scientific knowledge that challenges can be overcome.

The presentations that would have been delivered by the LAOHA/COHI community are available in a special volume of the Journal of Dental Research.

We would like to acknowledge and congratulate our scholars for their hard-work and dedication. To access their abstracts, please click on the link below.

Cetypiridinium Chloride as Adjunct to toothbrushing: Systematic Review and Meta-Analyses

Objectives: The aim of the present study was to systematically review the literature about the interproximal anti-plaque and anti-gingivitis efficacy of Cetylpyrydinium Chloride (CPC) mouthrinse compared to a placebo solution without the use of dental floss... Read More. Authors: Langa Gerson, Muniz Francisco, Costa Ricardo, Malheiros Zilson, Stewart Bernal, Rösing Cassiano

Efficacy of Soft-Bristle Toothbrush In Plaque Removal: Randomized Controlled Trial

Objectives: The aim of the present examiner-blind randomized controlled clinical study was to compare the efficacy of two soft-bristle toothbrushes for plaque removal. Methods: Seventy volunteers were randomly allocated to the Colgate PerioGard or... Read More. Authors: Langa Gerson, Muniz Francisco, Oballe Harry, Cavagni Juliano, Friedrich Stephanie, Malheiros Zilson, Stewart Bernal, Rösing Cassiano

MIH, Dental Fluorosis and Caries Experience in Colombian Schoolchildren

Objectives: MIH has not been previously studied simultaneously with dental fluorosis and caries in Colombian schoolchildren (PAHO salt fluoridation: 180-220 mg F/salt Kg). This study aimed at describing the prevalence and severity of MIH, fluorosis and caries... Read More. Authors: Beltrán Edgar, Avila Viviana, Cortes Andrea, Usuga-vacca Margarita, Pinilla Laura, Velasco Karina, Stewart Bernal, Malheiros Zilson, Martignon Stefania

Erosive Tooth Wear (BEWE) and Risk Factors in Colombian Schoolchildren

Objectives: Erosive tooth wear (ETW) has not been reported in schoolchildren in Bogotá. This study aimed at determining the prevalence of ETW and describes related factors 12-15-year olds from Bogotá. Sample si... Read More. Authors: Avila Viviana, Beltrán Edgar, Velasco Karina, Pinilla Laura, Stewart Bernal, Malheiros Zilson, Martignon Stefania

<u>Chemical Control Protocols of Supragingival Biofilm in the Periodontal Treatment</u>

Objectives: Studies have suggested that strict supragingival biofilm control by means of chlorhexidine (CHX) rinsing improves the outcomes of different periodontal treatments. Cetylpyridinium chloride (CPC) is an effective antibacterial agent and generates les... Read More. Authors: Almeida Mariana, Retamal Valdés Belén, Mestnik Maria Josefa, Figueiredo Luciene, Duarte Poliana, Malheiros Zilson, Stewart Bernal, Feres Magda

Effect of a Toothpaste Containing Oleanolic Acid in Reducing Gingivitis

Objectives: Given the long-term impact of gingivitis on the risk for periodontitis and tooth loss and its high worldwide prevalence, efforts should be made to treat and prevent gingivitis. Based on this, the aim of this study was to assess the efficacy of... Read More. Authors: Ramírez Gloria, Villar Cristina, Saraiva Luciana, Benítez Carlos, Rubio Carlos, Stewart Bernal, Malheiros Zilson, Romito Giuseppe

WSLs in Human Enamel under Microcosm Biofilm: QLF/TMR characterization

Objectives: This study characterized artificial white spot lesions (WSLs) produced in human enamel under microcosm biofilm for different experimental periods. Fifty human enamel specimens (4X4 mm) were assigned to 5 distinct groups (n=10/group) differing accor... Read More. Authors: Levy Flavia, Stewart Bernal, Kilpatrick-liverman Latonya, Buzalaf Marilia Afonso Rabelo, Sanches Isadora, Falcão Tuler Helena, Magalhães Ana, Wang Wei, Lavender Stacey, Zhang Dennis, Pilch Shira, Malheiros Zilson

One-year Follow-up of a Ridge Preservation Non-inferiority RCT

Objectives: The aim of the present was to compare the vestibular ridge contour changes of dental implants placed on sites previously treated with ARP with either DBBM-C or DBBM 1-year after crown placement. Methods: Patients with a dental implant placed on sites... Read More. Authors: Benitez Carlos, Llanos Alexandre, Sapata Vitor, Romano Marcelo, Pannuti Claudio, Romito Giuseppe

Oral Health Public Policies: Decision-making Process Based on Evidence

Objectives: Public policies in oral health are fundamental to enlarge access and oral health care to populations, promotion of oral health, for example, is a cost-effective strategy to reduce the burden of oral disease and maintain oral health and quality of I... Read More. Authors: Galante Mariana, Lugo Daniel Felipe, Castro Gabriel Jaime, Ovalle Marco Antonio, Pischel Nicole, Giraldes Amanda, Malheiros Zilson, Stewart Bernal, Carrer Fernanda



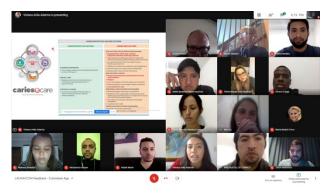
Virtual Get Together

By Carlos Benítez

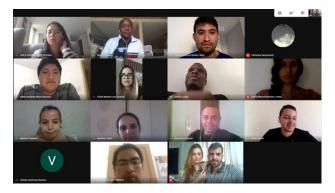
Due to COVID-19, we have all been facing great challenges and significant transformation in every area in our lives. This pandemic has impacted our relationships with colleagues, our profession and academic development. LAOHA has been working on strategies to strengthen the relationships among its schollars and ensure their growth.

One of the strategies, since the beginning of quarantine, suggested by Bernal Stewart and Zilson Malheiros, was to

hold regular on-line meetings with LAOHA/COHI scholars, called Virtual Get Together. The goal of these meetings was to facilitate fellow members from different countries by creating a space to discuss our personal and professional development in a nurturing environment environment. In this context, the Virtual Get Together represents a great opportunity to be with our friends and renew our hope to a better future. We are extremely thankful for that.



Collaboration in a project with Dr Andrés Duque (CES University) and Dr Maria Beatriz Ferro (Colgate-COL).



Virtual Get Together

"Being together will help us face this new normality."

By Carlos Benítez

Gerson Langa (MOZ)



Testimonials from LAOHA/COHI scholars



"This meeting is important for the interaction among researchers from different places in real time. It favors our learning and interaction." - Flavia Levy (BRA)

"Personally, the Get Together has been an amazing way to interact and realize that we are all on the same page and moving towards the same direction. The best part of the meeting is that we share the same desire to **become a better person**. We share our strengths and unknown weaknesses that wouldn't be unveiled if we weren't in this safe forum. The best part of this experience for me was to realize that we have common desires, no matter the distance. And, aside from anything else, we can always count on each other whenever needed."-





"The Get Together meetings during these difficult times have been extremely helpful. During every meeting, even though on the other side of a screen, we can feel the support, understanding and company from each one of the LAOHA members. These have been moments that have allowed us to get to know each other better, laugh together, divert ourselves and always see the positive and friendly side of each situation. It is a great fortune to be part of the **LAOHA family**." - **Gloria Ramirez (COL)**

"In these difficult times of social isolation that we are all experiencing due to the pandemic, it was not easy for those who live far from their countries. I am grateful for the companionship and friendship from all the colleagues and friends that I have made through LAOHA. Our online meetings have helped me realize that I am not facing this problem alone and that I can always count on my friends from the association. These meetings have also taught me that we can achieve great results when we work together." - Jonathan Meza (BOL)





"In normal times, the Get Together is important to get to know one another and be closer to other colleagues. These meetings, especially in these challenging times, make us think about who we are and what we want to achieve in life and reflect about our superpowers or our kryptonite. The meetings also help us maintain good mental health because we know that **we can count on each other** and more than ever on LAOHA" - **Mariana Almeida (BRA)**

"The meetings with LAOHA students during this period have been a time for reflection and relaxed conversations and help us plan the next steps after the pandemic! Being part of this group makes me realize that we are more than students to LAOHA, we are a tight-knit family despite the distance!"

- Mariana Lopes (BRA)







"With the spread of the epidemic, I have been quite depressed due to all negative energy that is caused by the social distance. However, the Get Together meetings and the happy hours have been very motivating to break the ice and spend these hard times together. Although we were behind a screen, **these meetings kept me in a high spirit**, as I am not alone. In addition, we had extraordinarily rich conversations and brainstormed on the new innovations in our field." - Mohamed Hassan (EGY)

"Belonging to LAOHA is a great opportunity for me to continue my academic education. It has become a place where I can meet colleagues from other places in the world and learn from their experiences. Personally, academic meetings are the key to achieving great goals and discussing useful, relevant, and high impact knowledge for society."
Rubiel Marín (COL)





"This has been a great opportunity to share and strengthen ties, especially during this crucial and historical moment...after all, this is what is life all about! Our research must reflect the most important: our **love and care for humankind**." - **Violeta Contreras (CHL)**

"Having the opportunity to meet my colleagues from LAOHA and share moments of personal and academic dialogue with them has been a very constructive experience. This experience has helped us maintain social contact, share knowledge, get to know each other a little more, and meet people with great human qualities such as determination, vigor, and enthusiasm for what they do. I thank my colleagues for giving me a warm welcome, Bernal and Zilson for making me part of this family, and for fostering these spaces that support teamwork and networking in a friendly environment. Something that I greatly highlight is the closeness that exists in this group of colleagues and I can say that it is another reason why I am happy to be part of this valuable community." -



Viviana Avila (COL)



"In my opinion, having the opportunity to **collaborate on initiatives** related to new projects is gratifying, since we all come from different countries and have different experiences. Therefore, being able to reach a consensus that can contribute to a product is of great value, although there are few experiences in this sense." - **Willy Bustillos (PER)**

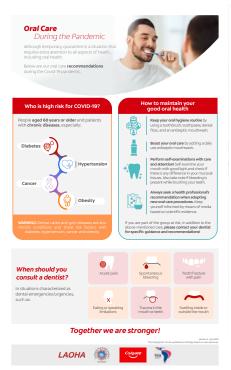


Infographics

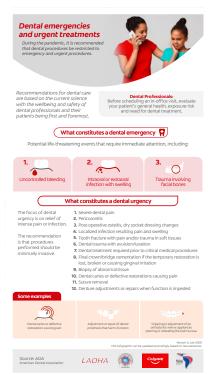
By Bernal Stewart, Cesar Buitrago and Zilson Malheiros

LAOHA in partnership with Caribbean Oral Health Initiative (COHI), Latin American Dental Federation (FOLA), Colgate and regional organizations in Latin America and the Caribbean have developed infographics to guide health professionals and

contribute to the dissemination of information and guidance regarding the pandemic and necessary care. Below you will find some examples to access and download. For the latest infographic updates, visit our website.







ACCESS HERE AND DOWNLOAD

the infographic "Oral Care During the Pandemic

ACCESS HERE AND DOWNLOAD

the infographic "The importance of mouthwash in the control of contamination via aerosols"

ACCESS HERE AND DOWNLOAD

the infographic "Dental Emergencies and urgent treatments"

Recently published LAOHA & COHI scientific initiatives

Association between gingival parameters and Oral health-related quality of life in Caribbean adults: a population-based cross sectional study

Authors: | R Collins, A R Elías, M Brache, K Veras, G Ogando, M Toro, S Rivas-Tumanyan and A B Rajendra. Journal: BMC Oral Health, 19:234, 2019

A deep thought on the dental floss controversy: Myths and reality

Authors: Cassiano Rösing and Gerson Langa. Journal: International Journal of Brazilian Dentistry, Florianopolis.

Cetylpyridinium chloride blocks herpes simplex virus replication in gingival fibroblasts

Authors: Diana M. Alvarez , Luisa F. Duarte , Nicolas Corrales , Patricio C. Smith , Pablo A. González. Journal: Antiviral Research. Volume 179, July 2020

CariesCare practice guide: consensus on evidence into practice

Authors: Stefania Martignon, Nigel B. Pitts, Guy Goffin, Marco Mazevet, Gail V. A. Douglas, J. Tim Newton, Svante Twetman, Christopher Deery, Sophie Doméjean, Anahita Jablonski-Momeni, Avijit Banerjee, Justine Kolker, David Ricketts and Ruth M. Santamaria. Journal: British Dental Journal, v.227 n.5, 2019

Caries classification and management in the context of the CariesCare International (CCI™) consensus: a clinical case study

Authors: Edgar O. Beltrán, Laura Guiu, Olga L. Zarta, Nigel B. Pitts and Stefania Martignon*. Journal: British Dental Journal, v.227 n.5, 2019

Dental care and the COVID-19 pandemic: the precautionary principle and the best available evidence

Authors: Cassiano Kuchenbecker Rösing, Juliano Cavagni, Gerson Pedro José Langa, Thais Mazzetti, Francisco Wilker Mustafa Gomes Muniz. Journal: Revista Pesquisa Brasileira em Odontopediatria e Clínica Integrada

Does Applying Fluoride Varnish Every Three Months Better Prevent Caries Lesions in Erupting First Permanent Molars? A Randomised Clinical Trial

Authors: N Abreu-Placeres, L E Garrido, I Castillo Jáquez and L E Féliz-Matos. Journal: Oral Health & Preventive Dentistry, 17:541, 2019

Proposal of a Clinical Endpoint for Periodontal Trials: The Treat-to-Target Approach

Authors: Magda Feres, Belen Retamal-Valdes, Marcelo Faveri, Poliana Duarte, Jamil Shibli, Geisla Mary Silva Soares, Tamires Miranda, Flavia Teles, Max Goodson, Hatice Hasturk, Thomas Van Dyke, Benjamin Ehmke, Peter Eickholz, Ulrich Schlagenhauf, Joerg Meyle, Rapha. Journal: Journal of the International Academy of Periodontology, April 2020

Proposal of Research Model for the Detection of COVID-19 among Asymptomatic Carriers

Authors: Arvind Babu Rajendra Santosh, Kandamaran Krishnamurthy, Venkat Ramana Reddy Baddam. Journal: International *Archives of Otorhinolaryngology*

The potential of saponin from Jamaica's Blighia sapida (ackee) as a substitute for sodium lauryl sulphate in toothpaste

Authors: Tomlin J. Paul, Tanielle A. Taylor and Arvind Babu Rajendra Santosh. Journal: Medical Hypotheses Journal, v. 137, 2020







